

## APENDIX 1

PARTICIPANT \_\_\_\_\_

[LEGIBLE NAME AND SURNAME].

With reference to my participation in the sporting event Race Around Poland 2024 and the WUCA World Ultra-Cycling Championships (the "Race") and in view of the contents of the Race Regulations (the "Regulations"), I hereby declare as follows:

### **STATEMENT OF HAVING READ AND ACCEPTED THE RULES AND REGULATIONS**

I hereby declare that I have read the contents of the Rules and Regulations and the appendices forming an integral part thereof, in particular the provisions concerning my consent to the processing of the personal data I have voluntarily provided, and the use of my image, including by the WORLD ULTRA CYCLING ASSOCIATION, 123 Main Street, Colorado Springs, CO 12345, USA, as well as the regulations defining my rights and obligations arising from my participation in the Race, and I hereby declare my consent to them. I further declare that I have received from the Organiser and have familiarised myself with the current list of Co-organisers and Race Partners and have no objections to it.

### **STATEMENT OF ASSUMPTION OF RISK AND RELEASE FROM LIABILITY RACE AROUND POLAND**

In consideration of my admission as a participant to take part in the Race Around Poland cycling race, which takes place over a route of approximately 4,000 km, in open traffic through varied terrain, during weather conditions unknown at the time of its commencement, and is a continuous and multi-day event, being fully aware that:

- i. Cycling is a type of physical activity, the practice of which inevitably involves the risk of injury, injury and even death as a result of an accident, requiring strenuous effort and concentration, including as a result of circumstances relating to health, equipment or equipment failures, a failure to exercise due care and caution by the participant, or other persons, including volunteers and other persons involved in the organisation of the Race, a breach of traffic law, or other regulations, including by persons other than the participant, and participation in a cycling race such as Race Around Poland makes these risks even greater;
- ii. The route of the Race is routed outside the closed cycling track and the Organiser has no possibility of closing it to traffic for its duration. During the Race I will be participating in normal traffic, with cars and other vehicles not taking part in the event, as well as pedestrians, which means that I will bear the risks involved, including those arising from incidents beyond my control;

- iii. the Organiser has made every effort to devise the rules of participation in the Race in such a way as to enable me to take part in the Race as safely as possible, however, the entire responsibility for my own safety and for any possible consequences of my actions shall be borne solely by me;

I hereby declare completely voluntarily and knowingly that:

- i. I assume the risk and indemnify, to the fullest extent permitted by law, the Organiser, and all persons and entities cooperating with the Organiser during the organisation of the Race, including volunteers, partners and sponsors (hereinafter "Indemnitees"), from any and all liability in connection with my action in the Race as a participant;
- ii. The above exemption also applies to incidents occurring before, during and after the Race insofar as they were in connection with the Race;
- iii. In view of the foregoing, I shall not assert against any Indemnitee any claim, whether of a pecuniary or non-pecuniary nature.

**At the same time, I designate the following person as an emergency contact for the Organiser, in the event that I need to be notified of the occurrence of any event:**

\_\_\_\_\_ [name]

\_\_\_\_\_ [mobile phone number]

\_\_\_\_\_ [email address].

#### **STATEMENT BY THE PARTICIPANT ABOUT HIS/HER HEALTH CONDITION AND LACK OF HEALTH CONTRAINDICATIONS TO TAKE PART IN THE RACE AROUND POLAND**

Applying to take part in the Race Around Poland cycling race, being aware that:

- i. Cycling is an endurance sport that requires excellent physical and mental fitness, resistance to the conditions found and fitness of the whole body;
- ii. A cycling race over a distance of approx. 4,000 km, in open road traffic, through varied terrain, including significant altitude, of a continuous and multi-day nature, requires extreme effort from the participant, and involves above-average risk of negative health effects in any form, irrespective of previous fitness preparation, as well as risks resulting from impaired concentration on the move, among others;

I, the undersigned, declare that I have adequate medical care and regularly undergo examinations to confirm my fitness to participate in cycling races, am aware of my health condition and have no health contraindications preventing me from participating safely in the Race.

I enter the Race at my own risk. I have read the Rules and I undertake to abide by them and to follow the instructions of the Organiser.

I acknowledge that the Organiser shall not be liable for any injury or other detriment to my health sustained during the Race, nor for any detrimental effect my participation in the Race may have on my health.

.....

legible signature of the participant