

RAP Challenge 300 - 24/07/2021

Starting announcement no.1 (2021-07-08)

1. **GPS track.** Competitors will receive GPS recorders. They will be visible while driving in the monitoring service. The race is operated by the BBtracker company (servicing, for example, the Ring of a Thousand Lakes <https://ptj2021.1008.pl/> or Tour de Silesia <https://tds2021.1008.pl/>) After the race, the competitor may receive a track recorded by a GPS device.
2. **24h time limit.** How to treat it? The limit is counted on the distance from the sharp start in Obórki, that is from 9:00. An hour earlier, that is at 8:00, there is an honorary start at the Ursynów Town Hall. This means that on 25.07 at 9:00 a.m. at the latest, the competitor should appear at the sharp finish line in Oborek, and then ride - without racing - to the honorary finish line at the Town Hall. The race is over there.
3. **Leave the route. Use of the service.** In accordance with point V (a), in the case of solo unsupported, organized or accidental stationary assistance is allowed, and mobile assistance is prohibited. So you can go to the site and return to the route at the same point where the route was abandoned. If the competitor already has it planned, he can send an e-mail to race@racearoundpoland.pl. If it comes out during the race - phone or text message to 501 584 669 with an indication of the point where the exit from the route takes place. Mobile assistance, i.e. moving in a vehicle in order to help the competitor several times, is forbidden.
4. **Parking the car for the race.** There is such a possibility at designated places for RAP participants in the Ursynów Town Hall (honorary start place).
5. **Discount for Namedsport supplements.** Before the race, that is until 23.07.2021 (of course better earlier) you can order on <https://weron.pl/NAMEDSPORT> supplements with a discount of -25%. Use the special discount code. We have made the code available in a closed group on FB. If you do not have it and need it, please contact the organiser. The number of uses of this code is limited to the number of RAP participants, so please order only once and do not share this code with other people.
6. **Telephone assistance.** Telephone support from family or friends is allowed without any restrictions. Supporters may in particular book accommodation on behalf of the rider. Moreover, we will set up a riders' group on Whatsup so that we as organisers and you as riders can pass on important information from the route or simply exchange a few words at a stopover or send photos.
7. **Nutrition on the route.** One buffet for the price halfway through the route.

RAP CHALLENGE 300					śr. prędkość i est. Czasy			
km	dystans	gdzie	co	czynne	35km/h	24km/h	21km/h	13km/h
-12	-	Ratusz Ursynów	start honorowy		8:00	8:00	8:00	8:00
0	12	Obórki	start ostry		9:00	9:00	9:00	9:00
21	21	Góra Kalwaria	Góra Kawiarnia	8-21	9:36	9:52	10:00	10:36
61	40	Parysów	Topaz Express	5-21	10:44	11:32	11:54	13:41
97	36	Huta-Dąbrowa	stacja beznynowa "Nasza"	24/7	11:46	13:02	13:37	16:27
151	54	Czemierniki	bufet gminy Czemierniki	24/7	13:18	15:17	16:11	20:36
205	54	Huta-Dąbrowa	stacja beznynowa "Nasza"	24/7	14:51	17:32	18:45	0:46
241	36	Parysów	Topaz Express	5-21	15:53	19:02	20:28	3:32
281	40	Góra Kalwaria	Góra Kawiarnia	8-21	17:01	20:42	22:22	6:36
302	21	Obórki	ostry finisz		17:37	21:35	23:22	8:13
314	12	Ratusz Ursynów	honorowy finisz		17:58	22:05	23:57	9:09

8. **Reflectors.** According to the regulations, reflective stickers mounted on bicycles are compulsory. PLACES OF MOUNTING REFLECTIVE STICKERS:

- a) forks (4 reflectors) - min. size 7cm x 1.5cm
- b) rims (min. 4 reflectors) - min. size 7cm x 1,5cm
- c) cranks (2 reflectors) - min. size 7cm x 1.5cm
- d) back of pedal, shoe or protector (2 reflectors)
- e) We will provide stickers, but if someone prefers their own or already has their bike covered, it is of course OK.



9. Schedule for Friday 23.07 and Saturday 24.07

- a) 23.07 12: 00-20: 00 - registration, collection of starter packages at the Competition Office (Warsaw, al. KEN 61)
 - b) 23.07 16: 00-17: 30 - briefing for RAP and RAP Challenge competitors (Warsaw, al. KEN 61)
 - c) 23.07 17: 30-20: 30 - professional photo session of players and teams (Warsaw, al. KEN 61)
 - d) 24.07 8:00 honorary start
10. Technical inspection of cars, bikes and GPS handover. At least half an hour before the honorary start, you should go to the technical briefing (marked tent)

11. Hours of sharp starts (Obórki) according to the starting numbers

11 a.m. - 8 a.m.

501 - 8:02

502 - 8:04

503 - 8:06

701 - 8:08